

School Closure Resources - SPEECH

Articulation:

Websites:

On this site you will find word and sentence lists for each sound. Click on the target sound and have your child either read, or repeat an adult's production (depending on the child's reading abilities). Once you select a sound, there are also videos available to help teach your child its production.

<https://www.home-speech-home.com/speech-therapy-word-lists.html>

Game Ideas/How-to:

Rule number one: Make working on articulation at home FUN! Your child will be encouraged and self-motivated to work on their articulation sounds if they are having a good time while doing it.

Rule number two: Try not to focus too much or draw negative attention to articulation errors. We do not want to discourage your child from talking or communicating. Your child wants to feel successful. If your child makes an error, have them repeat it correctly, and then move on. To reduce frustration, only have your child focus on one sound per activity and correct those errors only. For example, if working on /s/, don't have the child correct errors for sounds besides /s/.

Game Ideas: Find a word list/pictures online and have your child repeat a few words before taking their turn. The game possibilities are, but not limited to:

- **Go Fish, Old Maid, Bingo, Tic-Tac-Toe , Uno , Board Games**
- **Race Car-** Have the child build a road with their cards and as they drive over it they must say the word on the card.
- **Hide and Seek-** You or your child hides pictures/words that you have cut out, when the cards are found the child must say the word.
- **Ball Game-** Any type of ball or crushed up piece of paper and a trash can. Have the child say a card and then throw the ball or paper into the trashcan. Add variety and competition however you want on this.
- **Penny Slide-** Get some pennies and sit on a hardwood or linoleum floor. The object of the game is to slide your penny on the floor and have it stop as close to the wall as possible without touching the wall. Have your child say a word or two before every slide.
- **Memory-** You will need double cards for this game. Words can be written on index cards or paper squares. Place cards face down on the table/floor. The goal is to have the most matches by the end of the game.

Language:

Suggestions for Fostering Language Development at Home:

- Say/read nursery rhymes so your child can hear the rhythm and flow of language.
- Sing simple songs together to encourage vocal use, teach concepts, and expand vocabulary. (i.e. Heads, Shoulders, Knees and Toes)
- Use body language in everyday communication to support multi-modal communication. (i.e. shrug your shoulders, shake your head)
- Name and describe objects you and your child are looking at together. You can ask your child to help you come up with descriptive words (i.e. What color is it? How does it feel? Soft or hard? [Giving them a choice of words reinforces vocabulary and decreases the language demand.])
- Model correct pronunciation and grammar. You don't need to always correct them; just repeat what they say with the corrections. Children are like sponges – they soak up what they hear repeatedly!
- Expand on your child's sentences to be more descriptive/clear/grammatical. This validates his/her efforts and provides a model, which supports and encourages language growth.
- Talk during play. The more language models your child hears, the more he/she will want to talk and will know about language.
- Ask open –ended questions instead of yes/no questions. This encourages your child to produce language rather than answering yes or no. If he/she has difficulty, you can provide two choices. (i.e. what do you want to eat? Spaghetti or pizza?)
- Focus on the positive! Children's attitudes often reflect their parents' attitudes!
- Listen to your child! – Give them your full attention to show that they are an equal communication partner.
- Look at books/read together. This supports language development in so many ways! You don't need to read the pages word for word, but talk about the pictures, make connections to your child's life (i.e. in the book the boy has a red ball; say to your child "Oh look, there is a red ball like yours! What do you do with your ball? What does he do with his?")
- If your child is working on a specific sound, you can look for that sound/letter throughout the book and practice saying words with that sound.
- Summarize the main idea and a few details of what you have seen together in a movie or what you have read. "What was your favorite part of the movie? What was that paragraph about?"

Websites:

- **Teachers Pay Teachers-Search "Free speech therapy." A free account will need to be created to download/print activities. Good activities from this site:**
 - <https://www.teacherspayteachers.com/Product/Speech-and-Language-Home-Suggestions-for-Emergencies-for-SLPs-FREEBIE-5317375>
 - "Outer Space-Themed Speech & Language Homework Calendar"
 - <https://www.teacherspayteachers.com/Product/Laundry-and-Language-Using-Laundry-to-Help-Foster-Language-Skills-1450956> (The Speech MEadow: language activities during laundry!)

- <https://www.teacherspayteachers.com/Product/Groceries-and-Language-Using-Groceries-to-Help-Foster-Language-Development-1495916> (The Speech Meadow: language activities while grocery/necessity shopping!)
- <https://www.teacherspayteachers.com/Product/Setting-the-Table-and-Language-2389441> (The Speech Meadow: language activities while setting the table)
- https://www.teacherspayteachers.com/Product/Home-Packet-for-Speech-Therapy-5328741?ref=feed/sellers_updates_product (Teach Speech 365: variety of goals to practice specifically at home)
- <https://www.teacherspayteachers.com/Product/Speech-and-Language-Basic-Homework-3-Week-FREEBIE-5330581> (Natalie Snyders: Basic Homework pages for 3 weeks)
- Language Lessons to Songs
<https://youtube.com/watch?feature=youtu.be&v=oknOmm3yPrk>
- Speakingofspeech.com - Resources for all areas of speech therapy
- Teacherspayteachers.com - Search “free speech therapy”
- Superduperinc.com: <https://www.superduperinc.com/Handouts/Handout.aspx>
- Speech & Language Kids - <https://www.speechandlanguagekids.com>
- www.circletimefun.com
- Scholastic Learn at Home provides 20 days’ worth of active learning journeys designed to reinforce and sustain educational opportunities for those students who are unable to attend school. <https://classroommagazines.scholastic.com/support/learnathome.html?caching>
- Wacky Web Tales: <https://www.eduplace.com/tales/>
- <https://www.storylineonline.net/>
- https://storytimefromspace.com/ada-twist-scientist/?fbclid=IwARoi-VoG6CcpyFKhpxTXjFB2moeHRjeNPOwzMMoC8WV_xGafy8W1fQ4hl5I

Fluency:

Info:

- 1) Practice inhalation and exhalation as well with deep and shallow breathing. Talk about how we speak on exhalations. Then practice taking a deep breath in then slowly exhaling while saying a single word. Gradually increase to speaking in longer phrases and sentences.
- 2) Practice smooth and prolonged speech while playing games. Take whatever games you have and practice using smooth and prolonged speech during those games. For example play ‘go fish’ and have the child slow down and elongate their words when asking ‘do you have a ...’
- 3) Have the child identify when they have stuttered and then practice the different types of stutters to help them be less sensitive about it
- 4) Practice different techniques for reducing stuttering e.g. slow rate, light contacts, pausing.

Websites:

busybeespeech.com

<u>Literacy/Phonology:</u>
<u>Info:</u>
<u>Websites:</u>

<u>Social Skills:</u>
<u>Info:</u>
PEERS role-play videos are a free resource that is good for older students that are working on a variety of social skills (e.g. taking turns in conversation, joining or exiting a group discussion, don't police, appropriate use of humor, etc.). There are often both good and bad examples of different social situations. The videos are meant to be watched together in order to generate discussion. See link below:
<u>Websites:</u>
https://www.semel.ucla.edu/peers/resources/role-play-videos

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